



**February 1, 2026 4<sup>th</sup> Sunday after Epiphany**

**Thought to ponder:** *"Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world."*

— Desmond Tutu

**Welcome**

**Announcements, Life & Work of the Church**

**Prelude:**

**Passing the Peace:**

One: May the peace of Christ be with you.

**All: And also with you.**

**Acknowledgement of the Territories:**

**Christ Candle Lighting:**

**Call to Worship:**

One: God calls us to seek justice:

**All: Let Christ's love for the poor and hungry be made known in all the earth.**

One: God calls us to show kindness:

**All: Let Christ's light shine in places of brokenness and despair.**

One: God calls us to walk humbly in the Spirit:

**All: Let us join in God's work of hope and healing with open hearts.**

One: Called, blessed, and inspired,

**All: let us worship God together.**

**Hymn: VU #701**

**What Does the Lord Require of You**

**What does the Lord require of you?  
What does the Lord require of you?  
What does the Lord require of you?  
What does the Lord require of you?**

**Justice, kindness,  
walk humbly with your God.  
Justice, kindness,  
walk humbly with your God.**

**To seek justice, and love kindness,  
And walk humbly with your God.  
To seek justice, and love kindness,  
And walk humbly with your God.**

**What does the Lord require of you?  
What does the Lord require of you?  
What does the Lord require of you?  
What does the Lord require of you?**

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**Gathering Prayer:**

**God of wisdom and blessing, in you we  
find shelter in the strength of your  
promises, welcome in your tender  
care, and purpose in the calling you  
place upon our lives. Grateful for your  
protecting presence, thankful for the  
gift of community, we offer you our  
praise and worship. You bless where  
the world condemns; you open paths**

**to freedom when systems confine; you bring peace amid uncertainty and change. Hold us in your love, and inspire us to love you, our neighbours, and all creation, through Jesus Christ we pray.**

### **Time for Young at Heart: Just 3 Things**

**Hymn: MV #46 *Bless the Lord***

**Bless the Lord, O my soul**

**Bless God's holy name.**

**Bless the Lord, O my soul**

**Bless God's holy name.**

Remember the kindness of our God,  
Who showers us with blessing all our days.

#### **Refrain**

Remember the justice of our God,  
Who stands with those  
forgotten and confused.

#### **Refrain**

Remember the healing love of God,  
Who calls us to be whole and to be free.

#### **Refrain**

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### **Prayer of Illumination:**

#### **Scripture:**

**Micah 6: 1-8** What does God require?

**Matthew 5: 1-12** Blessed are the poor in spirit.

**Ministry of Music: Blessed Be Your Name**

**Reflection: WHY?**

**Hymn: MV #176**

**Three Things I Promise vs 1-4**

**Three things I promise, Holy God,  
In age and youth, in life and death:  
To bless your Name,  
and cling to Christ,  
And listen for the Spirit's breath.**

**Your love unfolded time and space,  
And life, and all that life became,  
And so, with thankful heat and voice,  
Through good and ill,  
I bless your Name.**

**I follow, serve, and cling to Christ  
Amid our culture's tides and trends,  
For here your Name is most revealed:  
Majestic Love, and Best of Friends.**

**Enlivened as the Spirit moves  
To cleanse, awaken, and renew,  
I pray that justice, peace, and truth,  
May seed and grow in all I do.**

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**Prayers of the People:**

**Lord's Prayer:**

**Our father, who art in heaven,  
hallowed be thy name. Thy kingdom  
come, thy will be done, on earth as it  
is in heaven. Give us this day our daily  
bread, and forgive us our trespasses,  
as we forgive those who trespass  
against us. And lead us not into  
temptation, but deliver us from evil.  
For thine is the kingdom, and the  
power, and the glory forever and ever.  
Amen.**

**Invitation to Generosity:**

**Prayer of Dedication:**

**God of life, from you flow mercy,  
justice, and steadfast love.  
Bless these gifts, that they may  
become signs of your compassion and  
hope. Bless our lives as well, that the  
world may glimpse your reign among  
us— in the church, the community, and  
all creation— through Jesus Christ.  
Amen.**

**Hymn: VU#896 Blest Are They vs 1,2,4,5**

**Blest are they, the poor in spirit,  
Theirs is the kingdom of God.  
Blest are they, full of sorrow,  
They shall be consoled.**

**Rejoice and be glad!  
Blessed are you, holy are you!  
Rejoice and be glad!  
Yours is the kingdom of God.**

Blest are they, the lowly ones,  
They shall inherit the earth.  
Blest are they who hunger and thirst,  
They shall have their fill.

**Refrain**

Blest are they who seek peace;  
They are the children of God.  
Blest are they who suffer in faith,  
The glory of God is theirs.

**Refrain**

Blest are you who suffer hate,  
All because of me.  
Rejoice and be glad yours is the kingdom  
Shine for all to see.

**Refrain**

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**Benediction:**

**Sung Benediction: Go With God**

**Go with God, go in Peace  
Go with blessings that never cease.  
With the assurance that love will heal  
Living life in God's light revealed.  
Living life in God's light revealed.  
Al-le-lu, Al-le-lu,  
Al-le-lu-ia, Al-le-lu-ia.  
Alleluia, Alleluia,  
Alleluia, Alleluia, Alleluia,  
Alleluia.**

Paul Rumbolt CCLI



## ST. PAUL'S UNITED CHURCH

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Treasurer – Linda McBride [treasurerstpaulsucc1@gmail.com](mailto:treasurerstpaulsucc1@gmail.com)

Church Family Ministry Team – Coleen Corbett, Lisa Folkins,  
Shari Brenan

Office Hours: Tuesday, Wednesday and Thursday 9:30 – 3:00

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## **Announcements**

**February 1<sup>st</sup>, 4<sup>th</sup> Sunday after Epiphany**

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**A donation to the benevolent fund was received in loving memory of Marilyn Wynn from Kevan, Kate and Becca.**

**Reader for this week: Erin**

**Reader for next week: Youth**

**Greeter this week: Jo Ann and Jean**

**Greeter next week: Youth**

**Tellers this week: Al, Brenda**

**Tellers next week: Bonnie, Paul**

**A/V this week: Lloyd**

**A/V next week: John**

**Sunday** 9:30 Coffee Time via Zoom

10:00 Service

**Tuesday** 11:00 Worship meeting

7:00 Fundraising

**Wednesday** 6:00 Choir rehearsal

**Friday** 6:30 Youth Group.

**Next Sunday** 9:30 Coffee Time via Zoom

Valentine Luncheon after the service.

**Good News and Caring Corner:** If you have some good news you want shared with the congregation, let us know and we'll pass it on. If there is someone you think should have a card from the caring corner for whatever reason, please see the attendant in the corner, or call the office.

**Coldest Night of the Year Sussex Sharing Club fundraiser.** Join the St. Paul's Striders team to raise funds on the CNOY walk February 28<sup>th</sup>. Register online at

<https://en.cnoy.org/location/sussex>

There will be a soup and chili function after the service on the 22<sup>nd</sup> of February as a fundraiser for the Striders. Freewill offering.

**Lenten Book Study: *Bless, Break, Share.***

Conversation groups will be held for the Lenten season during the coffee and conversation that happens in Lent. Copies are \$20 and assistance is available for those who need it. Limited supply.

**Change Conference National Youth Online**

**Event:** Join students from coast to coast for an online experience February 20. Go to [changeconference.com](http://changeconference.com) to register for free.

**Offering Envelopes** are available at the office or on the table in the entryway. If you are using them for the first time, be sure to have your name and address on the first one so we can get you your tax receipt at the end of the year.

**Grocery Cards:** We will be available (as we are able) before and after church for you to purchase cards and cards are available for purchase in the office during regular business hours.

**Contact information: Please keep your contact information and addresses updated so we can get information out to you. An inaccurate address may lead to delays for tax receipts. Thanks.**

A reminder that you may be on our video presentation as we are broadcasting our services on Facebook.

Join in or listen to any of the Zoom calls via Internet using the link:

[https://us02web.zoom.us/j/179750852?](https://us02web.zoom.us/j/179750852?pwd=7IAYtPHcGTE)  
pwd=7IAYtPHcGTE

If you know of anyone needing help, please contact the office or Rev. Jenn Brown.

# THE BEATITUDES

T V D O G F O S N O S E S R E W A R D Z O A F T  
 F L Z X F U O M X Y D R L O B M N J C F A T E I  
 U P N B X N X V G L E G X Z J H M Z X U Z B P M  
 Q U D G L H D H U K I D N N A N Y N Y P I T Q E  
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 J H M E A N V U N C D E M M K N B L E S S E D Z  
 N E M E G W F V O H H A X L T C A R F R H B N H  
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 Z R C P J L F H O K F S S E N S U O E T H G I R  
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 W D S S R E O X X T R E G N U H P L S M J F W Q  
 W X X T V D F P O O R I N S P I R I T A J J V X  
 K E E M G P X H R G I D E T U C E S R E P H N W  
 O D V N P Y K B B X M J O A O C T F F U W O I M  
 C X I R T Q A Q J U Q L U H J E I P V J F X G E  
 I K J A M U M Y N A G H I U L T R Y J B I R M R  
 F F S G O J G P O Q K J L L S N E N A R L I L C  
 O Y R A U C X P H D A L G R O F H D J M L W X Y  
 O R L T R J C T P B H M I K R N N H M O E M T R  
 U N W F N J A F D X L H A V K R I B X B D V H K  
 R O Z W Y W D L A E T Y E B T K D I N H U I J U

KINGDOM OF HEAVEN	POOR IN SPIRIT	PURE IN HEART	RIGHTEOUSNESS
PEACEMAKERS	SONS OF GOD	PERSECUTED	COMFORTED
MERCIFUL	BLESSED	INHERIT	REJOICE
FILLED	HUNGER	REWARD	THIRST
EARTH	MERCY	MOURN	GLAD
MEEK	GOD		